

PERSONAL INFORMATION (BIO)

Born in Puçol (Valencia) in 1963.

Married with two daughters.

Education:

- Degree in Psychology from the University of Valencia (1986).
- Doctor in Psychology from the University of Valencia (1989).
- Official Title of Psychology Specialist in Clinical Psychology, General Directorate of Universities (2004).

PREVIOUS PROFESSIONAL ACTIVITY

University Professor at the Faculty of Psychology of the University of Valencia (UV).

Researcher at the Polibienestar Research Institute for Social Welfare Policies at the University of Valencia.

Lecturer in:

- General Psychology (UV),
- Official Master's course in "Social Welfare: Individual, Family and Group Intervention"
- UV Master's course "Infertility: Psychosocial, medical and legal aspects"
- PhD programme in "Design, Management and Evaluation of Public Policies of Social Welfare".

VISITING PROFESSOR AT UNIVERSITIES AND RESEARCH CENTRES:

Memorial Sloan-Kettering Cancer Center, New York (USA), 1989.

Centre for Health Services Studies (University of Kent, Canterbury, UK), 1996.

Public Health and Primary Care (Institute of Public Health), University of Cambridge (UK), 2009.

Department of Social Policy and Social Work, Oxford University (UK), 2010.

Institut für Psychologie, Innsbruck University (Austria), 2011.

Institute of Psychology. Faculty of Social Sciences. Erasmus University Rotterdam (Holland), 2012.

Center for German and European Studies, Georgetown University, Washington DC (USA), 2014, 2015.

Lombardi Comprehensive Cancer Center, Georgetown University, Washington DC (USA), 2015, 2016.

MEMBERSHIP IN EUROPEAN NETWORKS:

ENSA - European Network of Social Authorities

ELISAN - European Local Inclusion & Social Action Network

ASSOCIATIONS:

Founding member of SEAS (SPANISH ASSOCIATION OF SOCIAL AND HEALTH CARE). Member of the Permanent Board since its creation in 2003 to 2018. Scientific non-profit association with the objective to generate knowledge and support research excellence in order to protect and defend the rights and interests of people who are vulnerable and at risk of exclusion. <https://seasassociation.es/>

Founding member of GEOMETT (GEOPOLITICS FOR THE DEVELOPMENT OF PUBLIC POLICIES IN THE MEDITERRANEAN), a joint initiative of researchers, policy makers, businesses and civil society to strengthen research on public policies and scientific cooperation in the Mediterranean area.

Member of the Spanish Society of Psycho-oncology (SEPO) since 2000 until today. Member of the Permanent Board and Secretary from 2002 to 2007.

EXPERT IN SOCIAL POLICY PROGRAMMES with the objective to increase the Quality of Life and Social Well-Being of vulnerable groups:

YOUNG PEOPLE AND UNEMPLOYED OVER 55. Identified factors that positively and negatively affect the resistance and inclusion of vulnerable groups into labour markets, explaining the differences between countries, labour markets and the position of certain vulnerable groups in the labour market, specifically young people and those over 55.

WOMEN AND HEALTH. Studied the impact of stereotypes and psychosocial gender determinants on women's health, specifically in relation to the prevention of breast cancer and the use of assisted reproduction techniques.

PERSONS IN DISABILITY SITUATIONS. Implemented pilot projects in groups of people with disabilities (children with autism, people with Down Syndrome, people with mental disabilities) validating skills and competencies training models that favour social integration both in people with disabilities and their families and professional caretakers.

CHRONICALLY ILL. Developed tools for the stratification of elderly chronic patients with risk of hospital admission to improve their social- and healthcare in primary care centres. Evaluated intervention programmes, for example telemonitoring, in terms of impact on quality of life and satisfaction. Implemented programmes for the improvement of the complex care of chronic elderly patients through early palliative assistance.

ELDERLY DEPENDENT PERSONS. Designed and implemented integrated care programmes in order to improve the continuity and coordination of care for dependent elderly people.

MIGRANTS. Developed a roadmap for the development of effective community care models that improve access to healthcare for immigrants and refugees.

PUBLICATIONS (some selected academic publications from recent years)

Her scientific productivity has been recognised by the National Commission for the Evaluation of Research Activity with 4 periods of positively evaluated research activity (sexenios).

- Ferri Sanz, M.; Durá-Ferrandis, E.; Garcés-Ferrer, J. (2019). Service Quality Scales and Tourists with special needs: A systematic Review. *Sustainability*, 11, 3844, doi:10.3390/su11143844
- Alhambra-Borrás, T., Durá-Ferrandis, E., Ferrando-García, M. (2019). Effectiveness and Estimation of Cost-Effectiveness of a Group-Based Multicomponent Physical Exercise Programme on Risk of Falling and Frailty in Community-Dwelling Older Adults. *International Journal of Environmental Research and Public Health*, 16(12), 2086. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6617042/>
- Durá-Ferrandis E; Ferrando-García, M.; Galdón, M^aJ., Andreu, Y. (2017). Confirming the mechanisms behind cognitive-behavioural therapy effectiveness in chronic pain using structural equation modeling in a sample of patients with temporomandibular disorders. *Clinical Psychology and Psychotherapy*, 24 (6): 1377-1383. <http://dx.doi.org/10.1002/cpp.2114>
- Alhambra-Borrás, T.; Durá-Ferrandis E; Garcés-Ferrer, J.; Sánchez-García, J. (2017). The Appraisal of Self-Care Agency Scale-Revised (ASA-R): Adaptation and Validation in a Sample of Spanish Older Adults. *Spanish Journal of Psychology*, 20: doi:10.1017/sip.2017.52
- Durá-Ferrandis E; Mandelblatt JS; Clapp J; Luta G; Faul L; Kimmick G; Cohen HJ; Yung RL; Hurria A. (2017). Personality, coping, and social support as predictors of long-term quality-of-life trajectories in older breast cancer survivors: CALGB protocol 369901 (Alliance). *Psycho-Oncology*, 26 (11): 1914-1921. <http://dx.doi.org/10.1002/pon.4404>
- Mandelblatt, J. S., Clapp, J. D., Luta, G., Faul, L. A., Tallarico, M. D., McClendon, T. D., Whitley, J. A., Cai, L., Ahles, T. A., Stern, R. A., Jacobsen, P. B., Small, B. J., Pitcher, B. N., Dura-Fernandis, E., Muss, H. B., Hurria, A., Cohen, H. J., Isaacs, C. (2016). Long-term trajectories of self-reported cognitive function in a cohort of older survivors of breast cancer: CALGB 369901 (Alliance). *Cancer*, 122: 3555-3563.
- Perez, S.; Conchado, A.; Andreu, Y.; Galdón, M^aJ.; Cardeña, E.; Ibañez, E.; Durá, E. (2016). Acute Stress Trajectories 1 year after a breast cancer diagnosis. *Supportive Care in Cancer* 24: 1671-1678.
- Garcés, J.; Ferri, M.; Durá, E.; McCabe, S. & Sánchez, J. (2015). Social tourism and healthy ageing. *International Journal of Tourism Research*. doi: 10.1002/jtr.2048.
- Andreu, Y.; Galdón, M^aJ.; Durá, E.; Martínez, P.; Pérez, S. & Murgui, S. (2012). A longitudinal study of psychosocial distress in breast cancer: prevalence and risk factors. *Psychology & Health*, 27 (1), 72-87.

- Ferrando, M.; Galdón, M.J., Durá, E., Andreu, Y.; Jimenez, J. & Poveda, R. (2012). Enhancing the efficacy of treatment for temporomandibular patients with muscular diagnosis through cognitive-behavioral intervention, including hipnosis: a randomized study. *Oral Surg Oral Med Oral Pathol Oral Radiol*, 113: 81-89.
- Martinez, P.; Durá, E.; Andreu, Y.; Galdón, M^aJ.; Murgui, S. & Ibañez, E. (2012). Structural validity and distress screening potential of the Hospital Anxiety and Depression Scale in cancer. *International Journal of Clinical and Health Psychology*, 12 (3): 435-447.

PARLIAMENTARY ACTIVITY:

POLITICAL PARTY: MEP of the Group of the Progressive Alliance of Socialists and Democrats in the European Parliament representing the Spanish Socialist Workers Party

COMMISSIONS: Member of the Committee on Employment and Social Affairs (EMPL) and Substitute of the Committee on Agriculture and Rural Development (AGRI)

DELEGATIONS: Member of the Delegation to the ACP-EU Joint Parliamentary Assembly (African Caribbean-European Union) and Substitute of the Delegation for relations with the countries of Southeast Asia (DASE) and the Association of Southeast Asian Nations (ASEAN)